

Why Performing is Beneficial for Your Child



As you've heard, we are well underway in planning our Spring Show for 2022! It's this time of year, with the buzz of recital just beginning, that parents sometimes ask us, "Why should my child participate? What's beneficial about it?"

This is an excellent question—and a significant one! The recital is an investment in your child's dance education, and it's a pretty important commitment. At its core, dance is a performing art, which is part of the reason why we want every child to experience the thrill of being onstage.

We believe there are three core reasons at the heart of why performing is so valuable, even for our youngest dancers:

Progress - Throughout the dance season, your child is making awesome progress in class. And when we say "awesome progress" we don't necessarily mean the obvious, like learning fancy ballet steps (although that is pretty awesome too!). What we mean is that your super-shy child bursts with confidence, or your child who said "I can't" now says "I can," or your teen who hid her smile now shines with every practice. Seeing this kind of progress in class is great, but having it showcased on stage is priceless! Performing allows your child to demonstrate their progress—both with the steps AND with their self-esteem.



Potential - The recital is an excellent time to see what's possible if your child sticks with dance for the long-term. From the audience, you're able to see the potential dance holds as you watch the variety of styles and age groups. Your child, too, will be inspired by seeing the different dance routines, and might think to themselves, "I bet I can do that too!" Dance offers the promise of so much growth if a young child perseveres and works hard; the recital performance brings this potential into the spotlight!

Passion - Performing holds an excitement like some children have never experienced before. Nerves can transform in an instant as the dancers light up with joy when stepping foot onstage; they are swept away by the magic of entertaining the crowd. The sense of accomplishment they feel has them hooked! It's this growing passion—not perfect technique or memory—that makes performing so special.



These are the foundation of what performance is all about! At Backstage Dance Studio, we love any opportunity to chat about these benefits, so if you have any questions about having your child perform in our show, don't hesitate to ask!